

## Facial Rejuvenation Treatments

### Anti-wrinkle treatments

Most common areas are:

- Crow's feet (around eyes)
- In-between the eyebrows (frown lines)
- Forehead lines (when raising eyebrows)

A small injection of Azzalure will weaken facial muscles, reducing the appearance of unwanted wrinkles and frown lines. One 10-20 minute treatment involves just a few tiny injections, and within two to three days you'll see a noticeable improvement in persistent lines, which lasts up to four months. However forehead lines can't be done without frown lines as it causes heaviness on the eyebrows. But frown lines can be done without forehead lines.

Full results are seen in 2 weeks and lasts around 3 months.

Side effects may include bruising, redness or bumps. These are temporary and can be covered by make-up.

### Lip Augmentation



Juvederm Ultra Smile is used to increase the size or simply enhance lip line and shape, or Cupid's bow.

A dental injection will be given to make the procedure painless.  
Results last around 9 months

### Nasolabial folds (Nose to mouth lines)



As we age, our skin loses some of its natural elasticity, causing it to sag, and form grooves, lines and wrinkles that mirror our facial expressions. Dr Louise Askins uses a range of Juvéderm dermal fillers that can be used to soften, temporarily suspend, and – in some cases – even reverse the visible signs of ageing.

- Full results seen within 2 weeks.
- Results last between 9-12 months.

### **Marionette lines (Droopy mouths)**

Dermal fillers are administered via a few small injections to the skin and can be used to soften, temporarily suspend, and – in some cases – even reverse the visible signs of ageing.

- Full results seen in 2 weeks.
- Results last 9-12 months.
- Side effects (which are very rare) may include bruising, swelling and redness.

### **Treatment of Bunny Lines**

“Bunny Lines” are the wrinkles that form on either side of the nose. They usually become more visible if patients crinkle their nose when they laugh or smile or, when patients are treated in the upper 1/3 of the face without treating the nose. The good news is that they are very easy to treat.

### **Chemical Brow Lift**

A Chemical Brow Lift (also known as a lateral brow lift) is a non-invasive alternative to surgery that can be very effective for people with mild to moderate brow heaviness due to naturally dropping eyelids or low-hanging eyebrows. The brow lift treatment raises the tissues surrounding the eyes and eyebrows to leave the natural eyebrow arch a few millimetres higher.

### **Gummy Smile**

In some people when they smile, their upper lip elevates too far above their upper teeth, which exposes their gums and creates a ‘Gummy Smile.’ This can be caused by hyperactivity of the muscles that elevate the upper lip and it often appears worse if the patient has a thin upper lip. Fortunately, a ‘Gummy Smile’ can be simply and effectively corrected by a few small injections, to reduce the activity of the muscle that elevates the upper lip.

#### **Treatment:**

A small amount of Botulinum toxin is injected at either side of the junction of the nostril and nose to mouth fold to weaken the muscle. Within 5 days, the upper lip elevation will gradually become less and your smile will be completely transformed. The final result of this treatment will be apparent in 2 weeks and should last 4-6 months.

### **Peri-Oral Lines/Smokers Lines**

Anti-wrinkle injections can soften the vertical lip lines around the upper and lower lips. These lines are more noticeable during talking, drinking from a straw, and general up pursing. While they are sometimes called smokers lines, most individuals develop these lines for reasons other than smoking. The lines are a result of loss of volume that occurs with age along with repetitive bunching of the tissue from muscular activity, these lines can contribute to lipstick bleeding, hence the other name given known as the ‘lipstick lines’. An advantage of having these lines treated is that it often makes the lips appear slightly fuller.

### **Dimple Chin “Orange peel chin”**

Dimpling of the chin is very common with most people not realising it happens to them until somebody points it out, as it usually happens during talking. By placing Botulinum toxin injections in the chin, it relaxes the muscles and creates smoother skin, it also softens any deep horizontal chin creases.

### Neck Platysma Bands Correction



Platysmal bands or vertical neckbands are one of the early signs of facial aging in patients. This is especially true in females. Correction of these bands can be surgical or non-surgical. For the non-surgical approach, Dr Askins will inject very small amounts of muscle relaxant into the platysma band to which improves the severity of the band, with minimal downtime.

### Nefertiti Lift

This treatment specially targets the neck and jaw line area using Botulinum toxin injections for a rejuvenating and uplifting effect. If the neck or jaw line is saggy or loose, this can give away a patient's real age despite cosmetic work that has been done elsewhere on the face. The Nefertiti lift is designed to redefine the jaw and to soften neck lines resulting in smoother skin without the need for surgery. The treatment works best for:

- Patients with loose jaws
- Those with a wrinkly, saggy neck area
- Patients whose jaw line lacks definition
- Patients who have sagging due to weight loss
- Patients who tense their neck muscles when talking

Full results will be seen within 2-3 weeks and will last around 3 months.

### Hyperhidrosis

Hyperhidrosis treatment is the use of Botulinum toxin injections to help reduce excessive sweating. The areas of the body that can commonly experience over active sweat glands are:

- Palms
- Feet
- Forehead

These injections help control excessive sweating by temporarily blocking the chemical signals from the nerves that stimulate the sweat glands. When the sweat glands do not receive chemical signals, the severe sweating stops. Results will be seen 1-2 weeks after the procedure and last 6-7 months. It is recommended to have the treatment every 6 months for the best possible results.

## Advanced Dermal Fillers

### Cheek Augmentation

One of our most popular treatments, injectable fillers are used to contour and shape the face, reversing age related fat volume loss. Attractive cheekbones are an important element of facial beauty with well defined cheeks creating balance and improving facial profile. Filler can be placed in several places, such as:

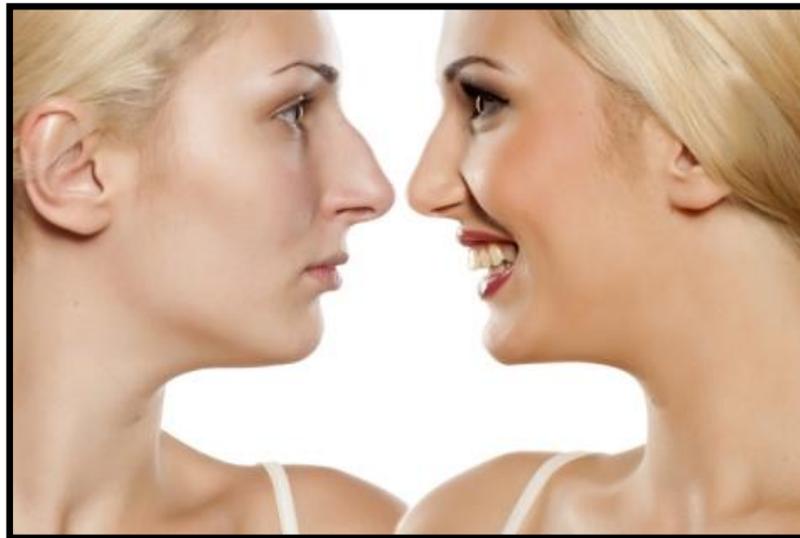
- Above the cheekbone to achieve a chiselled look
- Into the soft tissue of the cheeks lifting the area to correct an aged or? Appearance

### Chin Augmentation

Dermal fillers will add definition balance and symmetry to your chin to create a non-surgical chin augmentation. The filler is injected under the skin of your chin to add volume, shape and contour to your face.

A non surgical chin shaping, chin augmentation is an excellent and affordable option for patients who would like to achieve a more pleasing appearance without the risks of surgery.

### Non surgical Rhinoplasty (Nose Job)



Non-surgical Rhinoplasty is a safe, non-invasive alternative to the traditional surgical nose job. The treatment is quick and effective as it requires only dermal fillers to reshape the nose. Results are instant with no downtime, general anaesthetic or prolonged healing. There are a variety of reasons people opt for the NSR including:

- Slightly crooked nose
- Small nose that needs building up
- Hook shaped noses that need straightening
- A bump on the bridge of the nose
- Drooping of the nasal tip
- Refinement of the nose after surgical rhinoplasty
- Noses that want more height, definition and a nose tip

Results are instant and last 6-12 months. During the procedure you will be fully awake and can direct Dr Askins to achieve the result you want.

### Tear Troughs



Tear trough treatment improves the presence of eye bags, dark circles and tired looking eyes. Using fillers under the eyes can completely transform a patient's face from looking tired and ageing to looking bright, refreshed and awake. Tear trough dermal filler treatment not only improves the 'eye bag' appearance, but it will also help thicken the skin in resulting in the reduction of the visible dark blood vessel colour.

Treatment is best used for:

- Tear troughs
- Sunken eyes
- Dark circles
- Tired looking eyes
- Eye bags

Results are immediate and last up to 12 months.

### 3D Vectoring (Non-surgical facelift/liquid Facelift).

Vectoring allows us to lift the face in a new way giving remarkable results. Often called a 'liquid facelift' or the "non-surgical facelift" 3D Vectoring lifts the face without the use of a scalpel! Jowls tighten, nasolabial lines soften and the contours of the face are returned to youthful proportions.

#### **How it works:**

Surgical facelifts work by pulling the skin upwards and outwards. With 3D Vectoring the skin is lifted by strategic placement of volume using dermal fillers.

A youthful face is characterised by a balanced distribution of superficial and deep fat tissue supporting the dermis and keeping the skin smooth. The gradual loss of underlying soft tissue support and fullness is responsible for the soft tissue sagging and excess of facial skin associated with ageing. Our 3D Vector Lift treats from the foundation to the dermis to help combat these signs of aging.

The special art of administering fillers, focus on recreating balance, symmetry and restoring your natural, youthful facial V. The V effect is the best solution to restoring a more youthful look. Instead of treating individual wrinkles and folds, the face requires re-volumisation and re-hydration in order to lift the face back outwards closer to its natural position and to smooth and firm your skin and features. When your face has regained its more youthful looking smooth 'V' shape, any lines, shadows, sagging and hollows naturally reduce and become less visible. Your skin will be glowing and luminous and you will look lifted, rejuvenated, fresh and natural.

#### **How we do it:**

We treat the face in 3 sections focusing on restoring volume and youthfulness:

**Upper Face:** Eyes, brows and wrinkles are lifted and smoothed with a muscle relaxant treatment for lines and wrinkles.

**Mid Face:** Re-Volumisation, Re-hydration and improvement of facial symmetry.

Cheeks plumped and lifted, tear trough & orbital rim softened.

Nose – Naso-labial folds supported, lifted and improved.

**Lower Face:** Marionette lines supported and smoothed.

Corners of mouth lifted to give positive smile.

The overall effect is a beautiful, youthful fresh faces appearance, with none of the surgical risk or cost of a traditional face lift.

### **Temple Hollows**

The temple is the region on each side of the face between the top of the cheekbone and start of the brow bone next to the eye. Sometimes a loss of volume in the temple region can create an unflattering shadow effect that can contribute to a dark, dreary appearance of the face and eyes.

Most people do not look in the mirror and worry about their temples; however, increased volume in the temples can have a stunning effect on improving the youthful appearance of the face! Dermal fillers can strategically fill in hollow temples to highlight the eyes and eliminate undesirable shadowing.